



Northside (Jacinto “Tony” Siquig) Community Center

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Types of Program: Programs for youth, seniors, veterans and their families. Facility includes, Case Management, Oral History Project, Health & Wellness, Computer Classes, Advocacy/Empowerment.

OFFICE HOURS

Sunday–Thursday 9:00am–5:00pm

General Type Programs:

Northside Community Center – Our mission is to provide opportunities and comprehensive services that enrich the quality of life of those in need, especially the immigrant and under-represented communities. Historically, Jacinto “Tony” Siquig Northside Community Center (JTSNCC) specialized in providing senior services. The center is a one-stop shop for seniors and veterans providing case management, advocacy, recreation, socialization and senior nutrition program. Today, JTSNCC provides services to youth, seniors, veterans and their families in order to care for the holistic well being of the individual through a network of support to promote better health (emotionally, physically and/or mentally).

ARTS & CRAFTS

Jewelry Making

\$25

This class will teach you jewelry-making basics, including bead stringing, earring design, and wire techniques used in making many different types of jewelry. You are responsible for paying for all materials used in the class. An on-site vendor will be available to provide materials used in jewelry making and will sell them at cost. If you do not wish to use the on site vendor you may provide your own materials and tools for the class. People may spend between \$20 to \$125 on materials, depending on what you choose to make and what materials you use.

Instructor: Thompson

Course #	Day	Date	Time	Age	Mtg.	Loc.
209.2.100	Sa	9/20	3:00–5:00pm	12+	1	NS

DANCE

Belly Dancing

\$53

Learn to Belly Dance! This unique form of dance isolates body movement to build strength and flexibility. This class is low-impact and is ideal for all ages and body types. Get exercise and be healthy in a fun and supportive environment. Open to all levels, from beginner to advanced dance students.

Instructor: Setareh

Course #	Day	Date	Time	Age	Mtg.	Loc.
209.2.200	T	9/16–11/4	4:30–5:30pm	16+	8	NS

SPORTS & FITNESS

Karate – Beg/Intermediate

\$57

This is a traditional Japanese style of Karate that combines Japanese style culture, philosophy, history and language. Katas (forms) and tournament style kumite (sparring) are taught. Class includes self-defense and stresses the importance of self-confidence and mental discipline. All levels are welcome. Please see instructor for clothing and equipment. An exam fee is additional.

Instructor: Camp Carter, International

Course #	Day	Date	Time	Age	Mtg.	Loc.
209.2.511	F	9/19–11/7	5:00–5:55pm	5+	8	NS

Little Ninja Fitness Fun

\$57

This fun-filled class will give a child a great workout! Each little ninja will learn basic warm-up exercises, karate moves and fitness exercises. This is a great way to give your tot the chance to use their energy in a positive way. Uniforms, testing and belts certification will be explained by the class instructor.

Instructor: Camp Carter, International

Course #	Day	Date	Time	Age	Mtg.	Loc.
209.2.515	F	9/19–11/7	4:00–4:55pm	3–5	8	NS

Aerobic Kickboxing

\$57

Want a high energy, fun way to exercise? Then this class is for you! Aerobic kickboxing is great for toning muscles, strengthening your cardiovascular system and losing weight. Wear loose fitting clothing.

Instructor: Camp Carter, International

Course #	Day	Date	Time	Age	Mtg.	Loc.
209.2.505	W	9/17–11/5	5:00–5:50pm	16+	8	NS

Pilates

\$57

Come and learn the basics of Pilate’s mat work! These exercise techniques can be used to strengthen and tone your abs, hips and thighs. This class promotes flexibility, agility, good posture and body awareness. Wear loose fitting clothing.

Instructor: Camp Carter, International

Course #	Day	Date	Time	Age	Mtg.	Loc.
296.2.707	W	9/17–11/5	6:00–6:50pm	16+	8	NS

NORTHSIDE YOUTH PROGRAMS

A FREE Drop-in recreation program for youth between 10–17 years of age. The Northside Youth Program is Monday through Friday from 2:30–5:30pm. Youth can participate in the following activities: Billiards, Sports, Ping Pong, Foosball, Video Games, Workshops, Arts & Crafts, Cooking class and low cost Field Trips.

Activity	Day	Time
Homework Center	T–Th	3:30–5:30pm
Arts & Crafts	W & Th	3:30–4:30pm
Cooking	Every Other Th	4:00–5:00pm
Hip Hop/open circle	Wednesday	3:30–4:30pm
Friday Afternoon Movies	Friday	2:30–4:30pm

Other activities: Games and Sport Tournaments, Friday Afternoon Movies, Teen of the Month Awards, Culture Celebrations, Community Service Projects, Late Night Recreation and much more. **Coming Soon:** Flag Football. **Free** sports teams for Jr. High and High School youth. For more information call Tomas at 408-277-2686. **Location:** “JTS” Northside Community Center, 488 North Sixth Street.